



## 2010 PINCOURT AQUATIC CLUB SCHEDULE

### Events & Activities Descriptions

last update on June 12, 2010

<b>Pre-Season Meeting</b> June 18	This meeting is for <b>all club members</b> . We invite swim, dive, synchro and water polo teams to come by and meet your coaches, pick-up your bathing caps (swim, synchro, water polo members) and “shammies” (dive team members). A limited number of club t-shirts will be available for sale at \$10 and order forms will be available for t-shirts, bathing suits and extra caps. The Aquatic Club Committee and the coaches will be on hand to help answer all your questions about what to expect for the 2010 season. We’ll meet in the Omni Centre in Salle B from 7-9 pm. Light refreshments will be served.
<b>Aqua Fun Day</b> July 3	<b>A Family Fun Day for the entire community.</b> There are FUN activities for everyone and <b>it’s free!</b> Come and relax by the pool while the kids have fun with friends. The BBQ will be fired-up and the sugar shack will be selling hamburgers, hot dogs, cold drinks, chips and lots of sweet treats including TCBY. We need <b>6-8 volunteers</b> for the BBQ and Sugar Shack.
<b>Photo Day</b> July 8 At 3:30 PM	<b>ALL CLUB MEMBERS</b> are requested to come <b>for the team photo</b> wearing their <b>RED T-SHIRTS</b> . Individual or family shots are also taken for those who wish to purchase a photo. Check out the team photo on our website or see it hanging in the trophy case at the Omni Centre. <b>3 volunteers</b> needed to help with Photo day.
<b>Swim and Dive-a-thon</b> July 17	This is the <b>Pincourt Aquatic Club’s BIG fundraiser of the season.</b> <b>All club members are encouraged to participate.</b> A letter and pledge form will be given to each club member in early July with more detailed information. Refreshments are served to all who participate. It’s an active and fun way for the kids to raise funds for the club and <b>24 volunteers</b> are needed to make this a success. Participation is optional. If a club member is not participating, a donation of 10\$ may be required to cover the cost of awards and the end of season party.
<b>Sleepover</b> July 29-30	<b>Any child member of the pool is invited to participate.</b> Children start off at the pool for an early evening swim and then carry their gear over to the Omni Centre for a sleepover. Juice and popcorn are served and the children watch a movie. In the morning, juice, fruits and muffins are served for breakfast before the children are picked up at 8 AM. There is a small fee of \$5.00 to cover the cost of the food. Over 50 kids participated last year. Need <b>2 volunteers</b> .
<b>Feed the lifeguards</b> August 1-4	Did you know that lifeguards are always hungry? It must be all that fresh air!! This is your chance to show the guards your appreciation for what they do for your kids!! We have two days to feed the guards: a casserole, some sandwiches, a salad, some muffins or cookies, or even some hot chocolate on a colder day... homemade or store bought... anything goes! In addition, a collection box is set-up for non-perishable donations. The food is distributed to a food bank in our community.
<b>Teen Dance</b> August 5	This is an evening event <b>open to all “tweens and teens” from the community.</b> They swim and dance and eat light refreshments all around a fun filled theme. Last year’s theme was “The 80’s”. Need <b>2 volunteers</b> .
<b>Day Camp BBQ</b> August 13	Annual event <b>for Pincourt City Day Camp kids only.</b> The Aquatic Club volunteers and <u>many of our team members all pitch in</u> to make it a fun day for all the camp’s kids. Over 600 hot dogs were served last year!! There is a small charge per camper to cover the cost of the food. <b>8 adult volunteers</b> & kid-helpers are needed to make this a success.
<b>BBQ &amp; Family Fun Day</b> August 15 11AM	This is our club’s “just have fun” event of the season and it’s <b>for ALL CLUB MEMBERS AND THEIR FAMILIES.</b> The BBQ is fired up and each club member receives a free meal ticket for a hamburger or hot dog, chip and drink. A synchro team and a dive team demonstration are planned as well as a surprise or two for the whole family! <b>8 volunteers</b> are needed for the BBQ.
<b>Awards Party</b> August 22	This is our club’s end of season party and it’s <b>for ALL CLUB MEMBERS.</b> Each club member will get a participation award and there are also a few trophies presented to recognize special contributions to the club. Light refreshments will be served and all family members are welcome to attend.
<b>CLUB WEB SITE</b>	Special Thanks to <b>Kent Chown</b> who continues to maintain our web site.... photos, schedules, calendars of events, directions to other pools, forms, letters, special links, contacts and lots more. Please visit <a href="http://www.aqua-pincourt.org">www.aqua-pincourt.org</a> should you require any information regarding the Club’s 2010 activities.